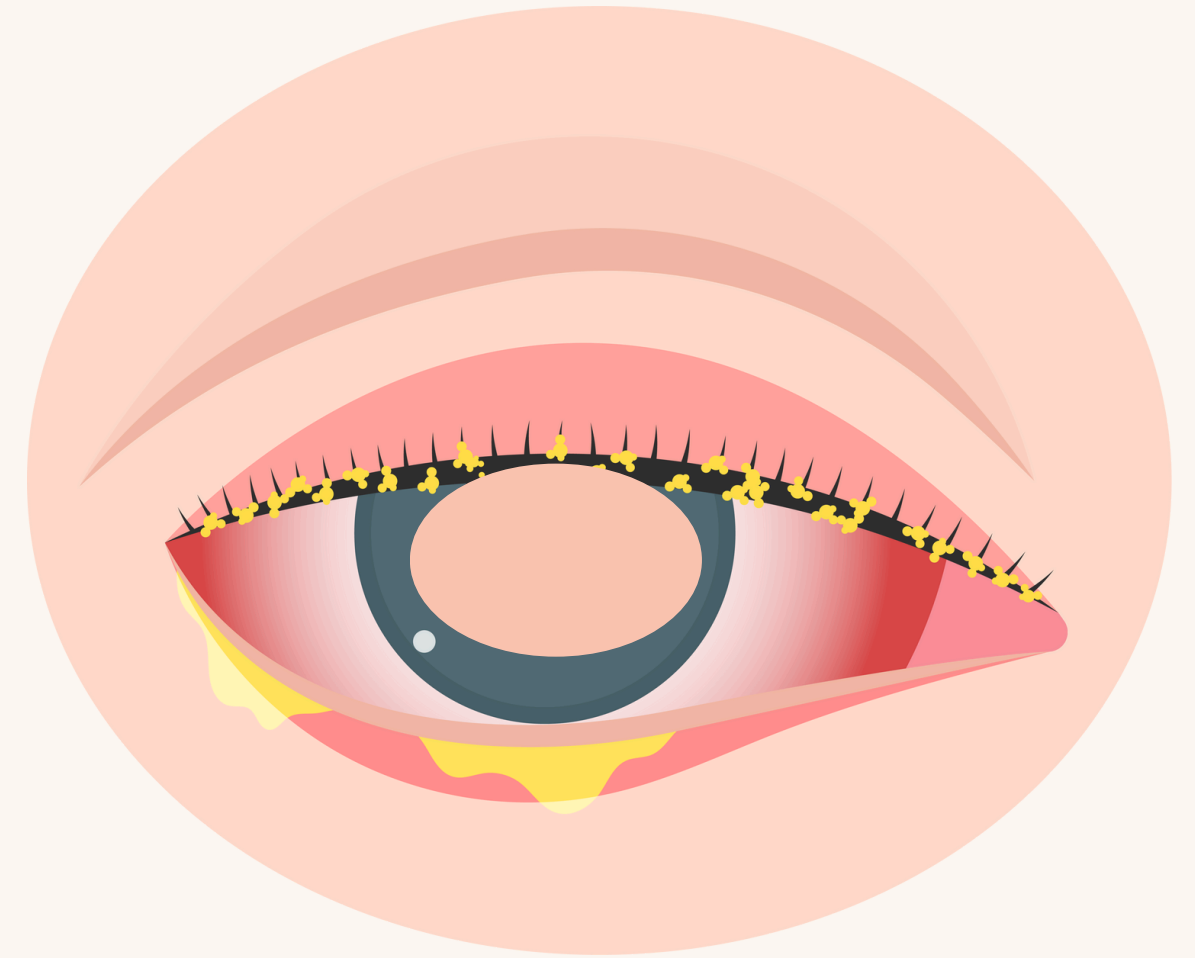


Sulāq/ Bāminī (Blepharitis)

Standard Unani treatment
Guidelines for common
diseases



INTRODUCTION

★ It is a condition in which the eye lids get thickened

★ It is caused by



the noxious effect of some irritating and corrosive matters that is



Rutūbāt Būraqiyya (Alkaline secretions)

Rutūbat Akkāla Māliha (Corrosive salty secretion)



INTRODUCTION

★ It is characterized by the →

thickening of eye lids especially at the point of canthus.

inflammation and itching at the canthus and the eye lids.



Usūl-i 'Ilāj

(Principles of treatment)

Unani PLUS



Istifrāgh (Evacuation) with low potency drugs

‘Ilāj bi’l-Dawā’ (Pharmacotherapy)

★ *Mā’ al-Fawākih*

★ Oral administration of decoction of **Halayla** (*Terminalia chebula*, Retz.) and **Ghārīqūn** (*Agaricus alba*, Linn.)

★ Infusion of **Sumāq** (*Rhus coriaria*, Linn.) and **rose water** to be used as eye drop

'Ilāj bi'l-Dawā' (Pharmacotherapy)

★ Paste containing following ingredients to be applied on eye lids

Khurfa (Portulaca oleracea, Linn.),

Barg-i Kāsnī (Cichorium intybus, Linn.)

Roghan-i Gul.

‘Ilāj bi’l-Dawā’ (Pharmacotherapy)

★ Paste containing following ingredients to be applied on eye lids

Shahm al-Rummān (Fruit pulp of *Punica granatum*, Linn.),

Adas Muqashshar (Dehusked seed of *Lens culinaris*, Medic.)

with any suitable medium.



Compound drugs

Shiyāf Ahmar Layyin	Local application
Barūd-i Hasram	Local application
Shiyāf Abyaz	Local application after mixing with Āb-i Bādiyān.
Kuhl al-Jawāhir	Local application



'Ilāj bi'l-Tadbīr

(Regimenaal therapy)

Hijāma (Cupping) on calf muscles and shoulders.

Fasd (Bloodletting) through cephalic vein and vein of forehead

Fomentation with hot water on eyes

Exposure to steam.



Dietary recommendations

- Mā' al-Fawākih
- Mīfakhtaj

Dietary restrictions

- *Diets that produce Khilt Hādd (Hot humours) to be avoided.*

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Thank you