

Jarab (*Scabies*)

Standard Unani treatment
Guidelines for common
diseases



INTRODUCTION

★ It is a contagious skin infection in which papules appear initially between the fingers and spread to other areas of body. Persistent itching and skin irritation are its distinctive attributes.

★ It is caused by →

- Fasād-i Dam (Derangement of sanguine),
- Mixing of Sawdā Safrāwī (Biliary black bile) and Balgham Shor (Sour phlegm) with sanguine,
- Excessive use of Aghziya Hirrīfa (Spicy diets),
- Aghziya Ghalīza (Slow to digest diets),
- Adwiya Hārra (Drugs of hot temperament) and
- Salted diets.

INTRODUCTION

★ It is characterized by



the appearance of rashes initially between the fingers, spreading to other areas especially wrist, elbow, groin, etc.

The papules at a later stage are converted into pustules. Jarab is marked by the itching and irritation of affected area.



Usūl-i 'Ilāj

(Principles of treatment)

01 Tanqiya (Evacuation)

02 Tasfiya-i Dam (Sanguine purification)

03 Tartīb-i Badan (Moistening of body)
internally and externally.

‘Ilāj bi’l-Dawā’ (Pharmacotherapy)

★ Joshānda-i Halayla

★ Joshānda-i Aftīmūn

★ Joshānda-i Fawākih

★ Local application of Roghan-i Gul mixed with vinegar.



‘Ilāj bi’l-Dawā’ (Pharmacotherapy)

- ★ **Local application of a paste having following ingredients:**
 - Sandal (*Santalum album*, Linn.),
 - Rasavt (*Berberis aristata*, DC.),
 - Ārd-i Jaw (Flour of *Hordeum vulgare*, Linn.) mixed with fresh coriander juice and Roghan-i Gul.
- ★ **Local application of Gandhak (Sulphur) mixed with vinegar.**
- ★ **Local application of Nawshādar (Sal Ammoniac) and common salt mixed with vinegar.**



Compound drugs

Arq-i Shāhtra	Local application
Itrīfal Kishnīzī	Local application
Habb-i Kibrit	





Compound drugs

Itrīfal-i Shāhtra	7-12 gm. at bed time with 'Arq-i Gāozabān 144 ml. /water.
Sharbat-i Shāhtra	24-48 ml.
Sharbat-i 'Unnāb	24-48 ml. with water in morning.



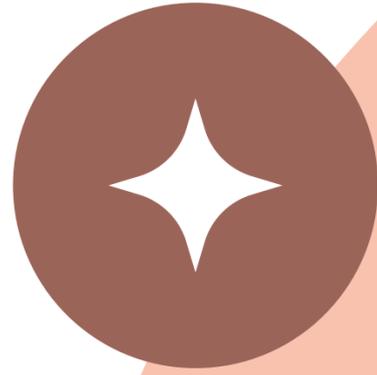
'Ilāj bi'l-Tadbīr

(Regimenaal therapy)

Hammām (Bath)

**Fasd-i Bāslīq (Bloodletting through
basilic vein)**

Ishāl (Purgation)



Dietary recommendations

- Mā' al-Jubn
- *Mā' al-Sha'ir*

Dietary restrictions

- Meat
- Aghziya Hārra (Diets of hot temperament)
- Aghziya Hirrifa (Spicy diets)
- Aghziya Ghaliza (Slow to digest diets)

Tahaffuz (Prevention/Precaution)

- Adwiya Hārra (Drugs of hot temperament) to be avoided.
- Hygiene to be maintained.

References

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Thank you