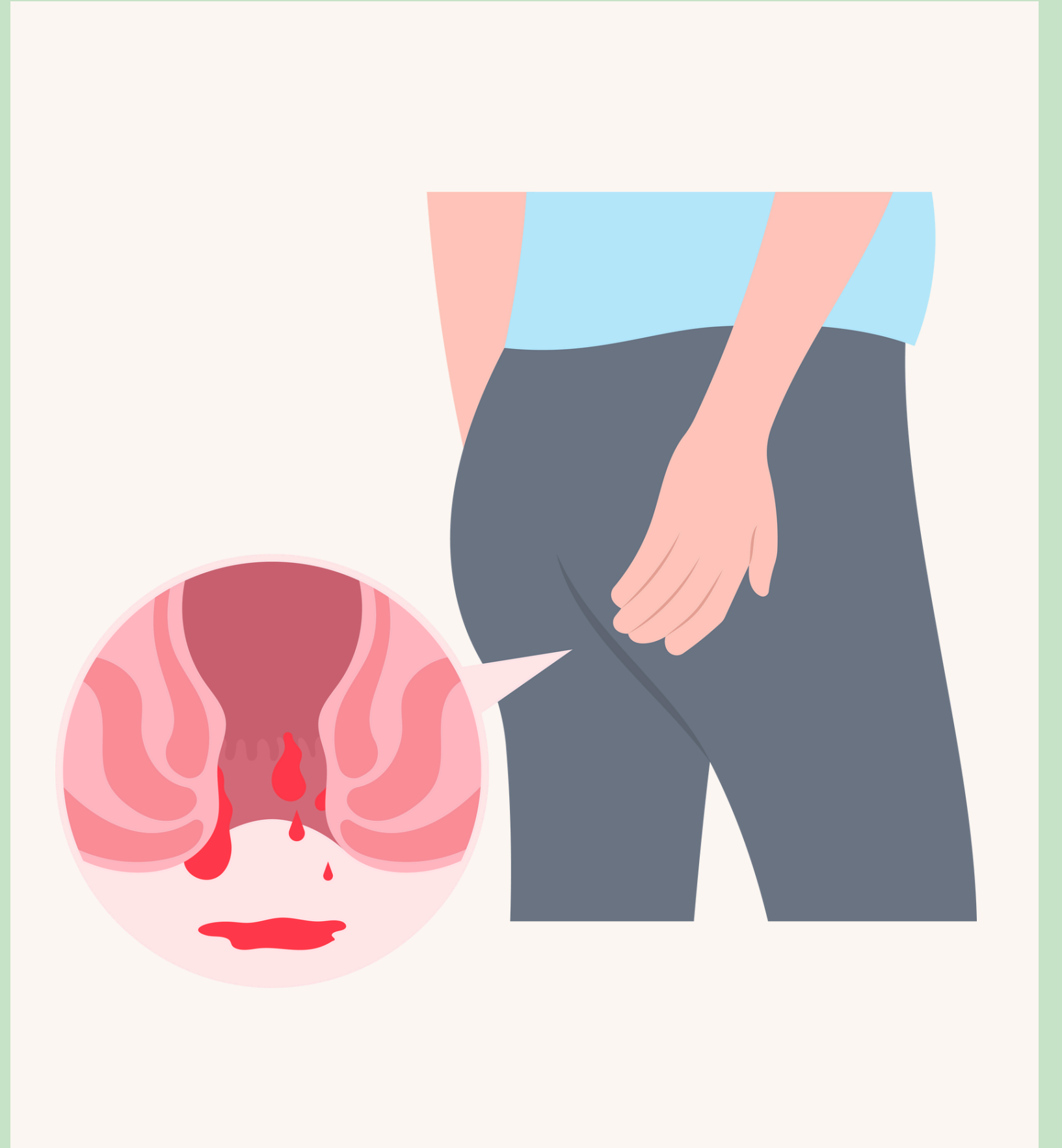


*Bawāsīr Dāmiya*

*(Bleeding Piles)*

Standard Unani treatment  
Guidelines for common  
diseases



# INTRODUCTION

★ It is a condition in which one or more masses develop in and around the anus.  
Bleeding or pus discharge takes place regularly at intervals.

★ It is caused by → **accumulation of Dam Sawdāwī (Melancholic sanguine) in the anal vessels resulting in their engorgement and subsequent ulceration.**

★ It is characterized by →

- **heaviness,**
- **pain and**
- **burning sensation in the anus and bleeding through it during defecation**

# Usūl-i 'Ilāj

## (Principles of treatment)

**01.** Islāh-i Ghizā  
(Dietary regulation)

**02** Talyīn  
(Laxation)

**03** Tanqīya-i Dam Fāsid o Khilt Sawdāwī  
(Evacuation of impure sanguine & black bile)

# Usūl-i 'Ilāj

## (Principles of treatment)

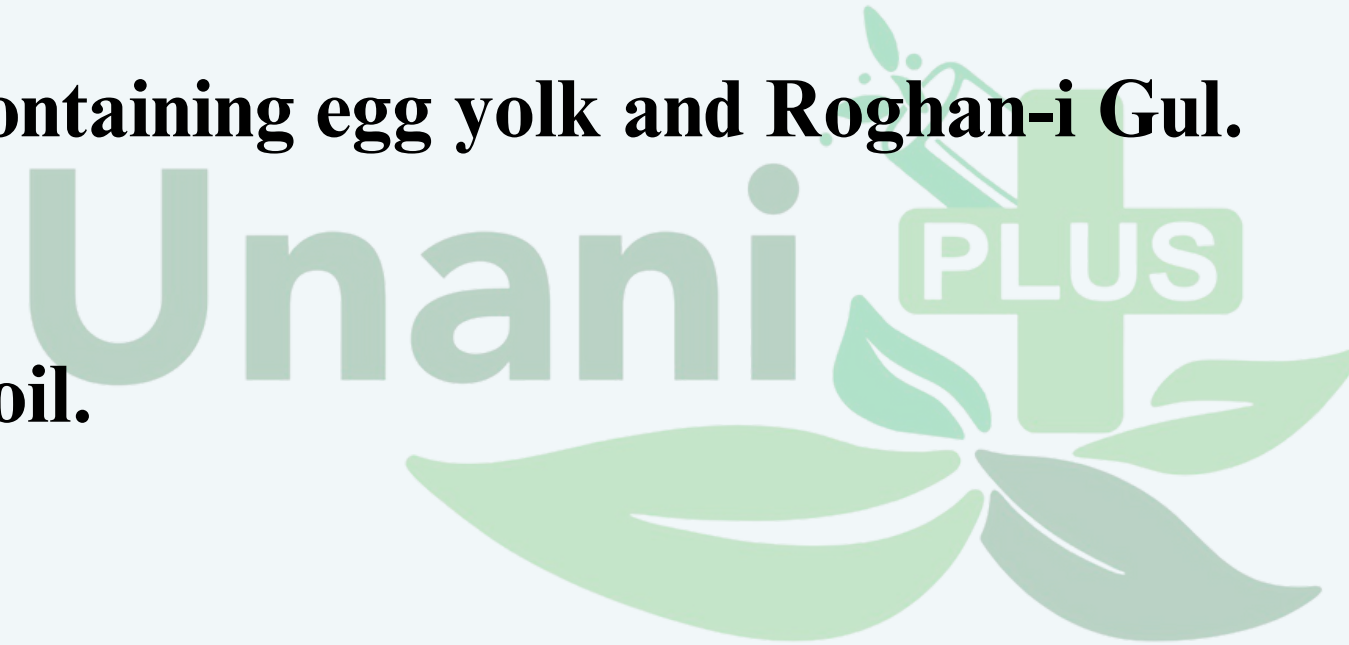
**04** **Taskīn-i Dard**  
(Analgesia)

**05** **Habs-i Dam**  
(Haemostasis) in case of excessive  
bleeding.

**06** **Indimāl**  
(Healing)

# ‘Ilāj bi’l-Dawā’ (Pharmacotherapy)

- ★ Local application of a paste containing egg yolk, barley flour and Roghan-i Gul.
- ★ Local application of a paste containing egg yolk and Roghan-i Gul.
- ★ Local application of old olive oil.



# 'Ilāj bi'l-Dawā'

## (Pharmacotherapy)

★ **Ābzan (Sitz bath) with the decoction of**

- Khatmī (*Althaea officinalis*, Linn.),
- Khubbāzī (*Malva sylvestris*, Linn.) and
- Banafsha (*Viola odorata*, Linn.).

★ **Ābzan (Sitz bath) with the decoction of**

- Masūr (*Lens esculenta*, Moench.),
- Post-i Anār (Fruit rind of *Punica granatum*, Linn.),
- Māzū (*Quercus infectoria*, Oliv.) and
- Zar-i Ward (Stamen of *Rosa damascena*, Mill.).





# Compound drugs

<b>Qurs-i Kahruba</b>	3 pills of 01 gm. each with lukewarm water.
<b>Habb-i Muqil</b>	2-4 pills at bed time with lukewarm water.
<b>Habb-i Khubs al-Hadīd</b>	3 pills twice a day.





# Compound drugs

<b>Habb-i Rasawt</b>	2-4 pills in morning with water.
<b>Marham-i Murdār Sang</b>	Local application
<b>Marham-i Asfīdāj</b>	Local application





# Compound drugs

<b>Itrīfal Saghīr</b>	12 gm. at bed time
<b>Itrīfal-i Muqil</b>	7-12 gm. with 'Arq-i Gāozabān 144 ml. twice a day.
<b>Ma'jūn-i Muqil</b>	7 gm. in morning with water.



# ‘Ilāj bi’l-Tadbīr

## (Regimenaal therapy)

**Fasd-i Sāfin**

(Bloodletting through saphenous vein)

**Hijāma (Cupping) on hip**



# Dietary recommendations

- Aghziya Latīfa
- Zūd Hazm Aghziya

# Dietary restrictions

- Aghziya Ghalīza
- Aghziya Muwallid-i Sawdā (Black bile producing foods)
- Spices

# Tahaffuz (Prevention/Precaution)

- Muwallid-i Sawdā Tadābīr (Black bile procreative regimens) to be avoided.

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Thank you